

TOUR FOR THE SPIRITUALLY MINDFUL
a veritable feast of Yoga in exotic locations. Attending the 7 day International Yoga
the ultimate Yoga immersion experience. Travel through the lower Himalayas to meet
Dalai Lama in Dharamsala - the centre of Tibetan Buddhism.
an uplifting experience that will delight your senses and touch your soul

– RISHIKESH – DHARAMSALA – AGRA – DELHI – AUSTRALIA

Sunday February 27th - Wednesday March 16th, 2011 - 18 Days

Highlights of this tour are:

the Taj Mahal and Bear Rescue Sanctuary – see www.wildlifesos.com

the “ghost city” and mosque at Fatehpur Sikri

Shalimar Lotus Temple in Delhi

ANNUAL INTERNATIONAL YOGA FESTIVAL in Rishikesh

see www.internationalyogafestival.com

journey through the scenic lower Himalayas

the Tibetan Buddhist Culture

visit the Dalai Lama Centre in McLeod Ganj, Dharamsala

Prices may change due to currency fluctuations

Many mini tours available

★ Itinerary planning service available

PACKAGE INCLUDES:

transport within India – air flights – train – rickshaw.

transfers to and from the hotel.

conditioned buses and cars with English speaking drivers.

accommodation – Twin share basis – in quality hotels – deluxe 3/4 star – ensuite bathrooms & private balconies.

Stay 8 nights in Parmath Niketan Ashram in Rishikesh

breakfasts included – plus some other meals.

guided tour with Australian English speaking guide and local experienced guides where appropriate.

Travel as a private group. Includes all entry fees, special tours, shoe minding and guide gratuities for tour services given.

EXCLUSIONS:

international airfares, departure tax and fuel surcharges

visa – 6 month – multiple entry

travel insurance – comprehensive cover required – no exceptions

alcohol and all beverages

laundry, phone calls, shopping and transport during free time

and any incidentals not specified in the inclusions

tips for guides or gifting - for extra personal services: bell boys, waiters

(Optional)

single supplement available for luxury hotels – POA – single supplement extra – POA

Spaces are limited



The tour will be personally guided by Marilyn Manning - She is an Australian